

Burwood East Primary School Lunch Menu



made
fresh
daily

drinks

hot
food

sandwiches
and
wraps

snacks

Hot Food

<input type="checkbox"/> Mini Frankfurt	\$1.00
<input type="checkbox"/> Steamed Dim Sim	\$1.10
<input type="checkbox"/> Corn on Cob	\$1.50
<input type="checkbox"/> Party Pie	\$1.35
<input type="checkbox"/> Oven Baked Hash Brown	\$1.45
<input type="checkbox"/> Oven Baked Nugget	\$0.95
<input type="checkbox"/> Mini Sausage Roll	\$1.35
<input type="checkbox"/> Chunky Beef Pie	\$4.00
<input type="checkbox"/> Chicken & Veg Pie	\$4.50
<input type="checkbox"/> Hot Dog	\$3.80
<input type="checkbox"/> Hot Dog W/Sauce	\$4.10
<input type="checkbox"/> Hot Dog W/Cheese & Sauce	\$4.65
<input type="checkbox"/> Butter Chicken W/Rice	\$7.00
<input type="checkbox"/> Teriyaki Chicken W/Rice	\$7.00
<input type="checkbox"/> Beef Burger W/Lettuce & Tomato	\$5.80
<input type="checkbox"/> Cheese Burger W/Lettuce Cheese & Tom Sauce	\$6.00
<input type="checkbox"/> Grilled Chicken Burger W/Lettuce Cheese Mayo	\$6.70
<input type="checkbox"/> Veggie Burger W/Lettuce Tomato Cheese & Mayo	\$5.70
Macaroni & Cheese (Vegetarian)	\$5.50

Snacks

<input type="checkbox"/> Whole Fruit - Banana, Apple, Orange	\$2.00
<input type="checkbox"/> Seasonal Fruit Salad	\$5.00
<input type="checkbox"/> Vanilla Yoghurt	\$4.00
<input type="checkbox"/> Vanilla Yoghurt W/Fresh Mixed Berries & Berry Sauce	\$5.50
<input type="checkbox"/> Fruit Kebab W/Drizzled Chocolate Sauce	\$3.50
<input type="checkbox"/> Jelly Cup	\$2.50
<input type="checkbox"/> Cookie	\$2.20
<input type="checkbox"/> Muffin - Blueberry or Chocolate	\$4.00
<input type="checkbox"/> Banana Bread	\$3.70
<input type="checkbox"/> Chocolate Brownie	\$4.00
<input type="checkbox"/> Raisin Bread (with or without butter)	\$2.50
<input type="checkbox"/> Croissant with Cheese & Ham	\$4.50
<input type="checkbox"/> Air Popped Popcorn	\$2.50

Salads

<input type="checkbox"/> Small \$5.80	<input type="checkbox"/> Large \$7.00
<input type="checkbox"/> Chicken Salad - Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Light salad Dressing	
<input type="checkbox"/> Egg Salad - Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo	
<input type="checkbox"/> Tuna Salad - Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo	

CATERING AVAILABLE - SCHOOL FUNCTIONS

Sandwiches, Wraps, Rolls, Cakes & Fruit Platters
for any School Function: Email or Phone to Order

p: 1300 361 769

e: orders@balancedlivingcatering.com.au

w: balancedlivingcatering.com.au

Sandwiches - Build Your Own

STEP 1 - Choose Your Bread

<input type="checkbox"/> Bread - White, Wholemeal, Multigrain	
<input type="checkbox"/> Toasted	\$0.50
<input type="checkbox"/> Roll or Wrap	\$0.80
<input type="checkbox"/> Focaccia or Gluten Free	\$1.35

STEP 1 - Choose Your Filling & Dressing

<input type="checkbox"/> 1 Filling	\$4.00
<input type="checkbox"/> 2 Fillings	\$4.50
<input type="checkbox"/> 3 Fillings	\$4.90
<input type="checkbox"/> 4 Fillings	\$5.70

Protein Fillings - Ham, Fresh Poached Chicken Mix, Egg, Tuna, Tandoori Chicken, Sweet Chilli Chicken Strip

Salad Fillings - Lettuce, Tomato, Cucumber, Carrot, Cheese, Advocado

Dressings (complimentary) - Mayonnaise, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Sweet Chilli Sauce

Meal Deal 1

- Sandwich- White, Wholemeal, Multigrain 2 Fillings \$7.50
- Cookie or Whole Fruit
- Juice or Water

Meal Deal 2

- 2 x Party Pies or 2 Mini Sausage Rolls \$7.50
- Popcorn, Whole Fruit, or Cookie
- Juice or Water

Drinks

<input type="checkbox"/> Juice Box - Apple, Orange, Tropical	\$3.20
<input type="checkbox"/> Flavoured Milk Box - Strawberry, Chocolate	\$3.50
<input type="checkbox"/> Bottled Water	\$3.30

Daily Specials

Tuesday ☐ Fried Rice or Vegetarian Fried Rice \$6.00

Thursday ☐ Ham, Egg & Cheese Quiche \$5.00

Friday ☐ Homemade Pizza \$5.00

Hawaiian: Napolitano Sauce, Shredded Ham, Pineapple, Mozzarella

Margarita: Napolitano Sauce, Mozzarella, Italian Herbs

BBQ Chicken: Napolitano Sauce, Shredded Ham, Pineapple, Chicken with BBQ Sauce, Mozzarella

Vegetarian: Napolitano Sauce, Mushroom, Capsicum, Pineapple, Corn, Mozzarella

SCHOOL FUNDRAISER

Order a Friday Special & \$1 from each Meal will be
DONATED BACK TO YOUR SCHOOL!

Made
With
Love

We do not use nuts or nut products, however there may be traces of nuts and/or nut oil present