

Regency Park Primary School Lunch Menu



made fresh daily

drinks

hot food

sandwiches and wraps

snacks

Hot Food

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|--|--------|
| <input type="checkbox"/> Mini Frankfurt | \$1.00 |
| <input type="checkbox"/> Steamed Dim Sim | \$1.10 |
| <input type="checkbox"/> Corn on Cob | \$1.50 |
| <input type="checkbox"/> Party Pie | \$1.40 |
| <input type="checkbox"/> Oven Baked Hash Brown | \$1.70 |
| <input type="checkbox"/> Oven Baked Nugget | \$0.95 |
| <input type="checkbox"/> Mini Sausage Roll | \$1.40 |
| <input type="checkbox"/> Chunky Beef Pie | \$4.00 |
| <input type="checkbox"/> Chunky Chicken & Veg Pie | \$4.50 |
| <input type="checkbox"/> Hot Dog | \$3.80 |
| <input type="checkbox"/> Hot Dog - With Sauce | \$4.10 |
| <input type="checkbox"/> Hot Dog - With Cheese & Sauce | \$4.65 |
| <input type="checkbox"/> Butter Chicken - With Rice | \$8.50 |
| <input type="checkbox"/> Teriyaki Chicken - With Rice | \$8.50 |
| <input type="checkbox"/> Beef Burger - With Lettuce & Tomato | \$7.50 |
| <input type="checkbox"/> Cheese Burger - With Lettuce Cheese & Tom Sauce | \$7.00 |
| <input type="checkbox"/> Grilled Chicken Burger - With Lettuce Cheese Mayo | \$7.50 |
| <input type="checkbox"/> Veggie Burger - With Lettuce Tomato Cheese & Mayo | \$6.99 |
| <input type="checkbox"/> Macaroni & Cheese (Vegetarian) | \$6.99 |

Snacks

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| <input type="checkbox"/> Whole Fruit - (Banana, Apple, Orange) | \$2.00 |
| <input type="checkbox"/> Seasonal Fruit Salad | \$6.50 |
| <input type="checkbox"/> Vanilla Yoghurt | \$4.99 |
| <input type="checkbox"/> Vanilla Yoghurt - With Fresh Mixed Berries & B Sauce | \$6.50 |
| <input type="checkbox"/> Fruit Kebab - With Drizzled Chocolate Sauce | \$3.99 |
| <input type="checkbox"/> Jelly Cup | \$2.50 |
| <input type="checkbox"/> Cookie | \$2.70 |
| <input type="checkbox"/> Muffin - Blueberry or Chocolate | \$4.50 |
| <input type="checkbox"/> Banana Bread | \$3.70 |
| <input type="checkbox"/> Chocolate Brownie | \$5.20 |
| <input type="checkbox"/> Raisin Bread (with or without butter) | \$3.50 |
| <input type="checkbox"/> Croissant with Cheese & Ham | \$4.99 |
| <input type="checkbox"/> Air Popped Popcorn | \$3.50 |

Salads

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|--|---------------------------------------|
| <input type="checkbox"/> Small \$6.50 | <input type="checkbox"/> Large \$8.50 |
| <input type="checkbox"/> Chicken Salad - Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Light salad Dressing | |
| <input type="checkbox"/> Egg Salad - Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo | |
| <input type="checkbox"/> Tuna Salad - Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo | |

CATERING AVAILABLE - SCHOOL FUNCTIONS
Sandwiches, Wraps, Rolls, Cakes & Fruit Platter
for any School Function: Email or Phone to Order

phone: 1300 361 769

email: orders@balancedlivingcatering.com.au

Website: balancedlivingcatering.com.au

Sandwiches - Build Your Own

STEP 1 - Choose Your Bread

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|---|--------|
| <input type="checkbox"/> Bread - White, Wholemeal, Multigrain | |
| <input type="checkbox"/> Toasted | \$0.50 |
| <input type="checkbox"/> Roll or Wrap | \$0.80 |
| <input type="checkbox"/> Focaccia or Gluten Free | \$1.35 |

STEP 1 - Choose Your Filling & Dressing

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|-------------------------------------|--------|
| <input type="checkbox"/> 1 Filling | \$4.30 |
| <input type="checkbox"/> 2 Fillings | \$4.80 |
| <input type="checkbox"/> 3 Fillings | \$5.30 |
| <input type="checkbox"/> 4 Fillings | \$5.80 |

Protein Fillings - Ham, Fresh Poached Chicken Mix, Egg, Tuna, Tandoori Chicken, Sweet Chilli Chicken Strip

Salad Fillings - Lettuce, Tomato, Cucumber, Carrot, Cheese, Advocado

Dressings (complimentary) - Mayonnaise, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Sweet Chilli Sauce

Meal Deal 1

- Sandwich- White, Wholemeal, Multigrain 2 Fillings \$8.00
- Cookie or Whole Fruit
- Juice or Water

Meal Deal 2

- 2 x Party Pies or 2 Mini Sausage Rolls \$8.00
- Popcorn, Whole Fruit, or Cookie
- Juice or Water

Drinks

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|---|--------|
| <input type="checkbox"/> Juice Box - Apple, Orange, Tropical | \$3.20 |
| <input type="checkbox"/> Flavoured Milk Box - Strawberry, Chocolate | \$3.80 |
| <input type="checkbox"/> Bottled Water | \$3.30 |

Daily Specials

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| Wednesday - Sushi | \$4.00 |
| - Teriyaki Chicken, Carrot & Cucumber | |
| - Tuna & Mayo Mix with Spring Onion & Avocado | |
| - Vegetarian - Cucumber, Carrot, Avocado, Mayo | |

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| Thursday - Spaghetti Bolognese. (with peas, carrot & corn) | \$7.50 |
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SCHOOL FUNDRAISER

Order a Wednesday Special & \$1 from each Meal will be
DONATED BACK TO YOUR SCHOOL!



We do not use nuts or nut products, however there may be traces of nuts and/or nut oil present