

Mooroolbark East Primary School Lunch Menu



made fresh daily

drinks

hot food

sandwiches and wraps

snacks

Hot Food

| | |
|---|--------|
| <input type="checkbox"/> Mini Frankfurt | \$1.00 |
| <input type="checkbox"/> Steamed Dim Sim | \$1.10 |
| <input type="checkbox"/> Corn on Cob | \$1.50 |
| <input type="checkbox"/> Party Pie | \$1.35 |
| <input type="checkbox"/> Oven Baked Hash Brown | \$1.45 |
| <input type="checkbox"/> Oven Baked Nugget | \$0.95 |
| <input type="checkbox"/> Mini Sausage Roll | \$1.35 |
| <input type="checkbox"/> Chunky Beef Pie | \$4.00 |
| <input type="checkbox"/> Chunky Chicken & Veg Pie | \$4.50 |
| <input type="checkbox"/> Hot Dog | \$3.80 |
| <input type="checkbox"/> Hot Dog w/Sauce | \$4.10 |
| <input type="checkbox"/> Hot Dog w/Cheese & Sauce | \$4.65 |
| <input type="checkbox"/> Butter Chicken w/Rice | \$7.00 |
| <input type="checkbox"/> Teriyaki Chicken w/Rice | \$7.00 |
| <input type="checkbox"/> Beef Burger w/Lettuce & Tomato | \$5.80 |
| <input type="checkbox"/> Cheese Burger w/Lettuce Cheese & Tom Sauce | \$6.00 |
| <input type="checkbox"/> Grilled Chicken Burger w/Lettuce Cheese Mayo | \$6.70 |
| <input type="checkbox"/> Veggie Burger w/Lettuce Tomato Cheese & Mayo | \$5.70 |
| <input type="checkbox"/> Macaroni & Cheese (Vegetarian) | \$5.50 |

Snacks

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| <input type="checkbox"/> Whole Fruit - Banana, Apple, Orange | \$2.00 |
| <input type="checkbox"/> Seasonal Fruit Salad | \$5.00 |
| <input type="checkbox"/> Vanilla Yoghurt | \$4.00 |
| <input type="checkbox"/> Vanilla Yoghurt w/Fresh Mixed Berries & Sauce | \$5.50 |
| <input type="checkbox"/> Fruit Kebab w/Drizzled Chocolate Sauce | \$3.50 |
| <input type="checkbox"/> Jelly Cup | \$2.50 |
| <input type="checkbox"/> Cookie | \$2.20 |
| <input type="checkbox"/> Muffin - Blueberry or Chocolate | \$3.70 |
| <input type="checkbox"/> Banana Bread | \$3.70 |
| <input type="checkbox"/> Chocolate Brownie | \$4.50 |
| <input type="checkbox"/> Raisin Bread (with or without butter) | \$2.50 |
| <input type="checkbox"/> Croissant with Cheese & Ham | \$4.50 |
| <input type="checkbox"/> Air Popped Popcorn | \$2.50 |

Salads

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|--|---------------------------------------|
| <input type="checkbox"/> Small \$5.80 | <input type="checkbox"/> Large \$7.00 |
| <input type="checkbox"/> Chicken Salad - Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Light salad Dressing | |
| <input type="checkbox"/> Egg Salad - Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo | |
| <input type="checkbox"/> Tuna Salad - Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo | |

CATERING AVAILABLE - SCHOOL FUNCTIONS

Sandwiches, Wraps, Rolls, Cakes & Fruit Platters
for any School Function: Email or Phone to Order

p: 1300 361 769

e: orders@balancedlivingcatering.com.au

w: balancedlivingcatering.com.au

Sandwiches - Build Your Own

STEP 1 - Choose Your Bread

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|---|--------|
| <input type="checkbox"/> Bread - White, Wholemeal, Multigrain | |
| <input type="checkbox"/> Toasted | \$0.50 |
| <input type="checkbox"/> Roll or Wrap | \$0.80 |
| <input type="checkbox"/> Focaccia or Gluten Free | \$1.35 |

STEP 1 - Choose Your Filling & Dressing

| | |
|-------------------------------------|--------|
| <input type="checkbox"/> 1 Filling | \$4.00 |
| <input type="checkbox"/> 2 Fillings | \$4.50 |
| <input type="checkbox"/> 3 Fillings | \$4.90 |
| <input type="checkbox"/> 4 Fillings | \$5.70 |

Protein Fillings - Ham, Fresh Poached Chicken Mix, Egg, Tuna, Tandoori Chicken, Sweet Chilli Chicken Strip

Salad Fillings - Lettuce, Tomato, Cucumber, Carrot, Cheese, Advocado

Dressings (complimentary) - Mayonnaise, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Sweet Chilli Sauce

Meal Deal 1

- Sandwich- White, Wholemeal, Multigrain 2 Fillings \$7.50
- Cookie or Whole Fruit
- Juice or Water

Meal Deal 2

- 2 x Party Pies or 2 Mini Sausage Rolls \$7.50
- Popcorn, Whole Fruit, or Cookie
- Juice or Water

Drinks

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|---|--------|
| <input type="checkbox"/> Juice Box - Apple, Orange, Tropical | \$3.20 |
| <input type="checkbox"/> Flavoured Milk Box - Strawberry, Chocolate | \$3.50 |
| <input type="checkbox"/> Bottled Water | \$3.30 |

Daily Specials

Tuesday Fried Rice or Vegetarian Fried Rice \$6.00

Friday Homemade Pizza \$5.00

Hawaiian: Napolitano Sauce, Shredded Ham, Pineapple, Mozzarella

Margarita: Napolitano Sauce, Mozzarella, Italian Herbs

BBQ Chicken: Napolitano Sauce, Shredded Ham, Pineapple, Chicken with BBQ Sauce, Mozzarella

Vegetarian: Napolitano Sauce, Mushroom, Capsicum, Pineapple, Corn, Mozzarella

SCHOOL FUNDRAISER

Order a Friday Special & \$1 from each Meal will be
DONATED BACK TO YOUR SCHOOL!

Made With Love

We do not use nuts or nut products, however there may be traces of nuts and/or nut oil present