



Hot Food

- Mini Frankfurt \$1.00
- Steamed Dim Sim \$1.10
- Corn on Cob \$1.50
- Party Pie \$1.35
- Oven Baked Hash Brown \$1.45
- Oven Baked Nugget \$0.95
- Mini Sausage Roll \$1.35
- Chunky Beef Pie \$4.00
- Chunky Chicken & Veg Pie \$4.50
- Hot Dog \$3.80
- Hot Dog W/Sauce \$4.10
- Hot Dog W/Cheese & Sauce \$4.65
- Butter Chicken \$7.00
- Teriyaki Chicken W/Rice \$7.00
- Beef Burger W/Lettuce & Tomato \$5.80
- Cheese Burger W/Lettuce Cheese & Tom Sauce \$6.00
- Grilled Chicken Burger W/Lettuce Cheese Mayo \$6.70
- Veggie Burger W/Lettuce Tomato Cheese & Mayo \$5.70
- Macaroni & Cheese (Vegetarian) \$5.50

Snacks

- Whole Fruit - Banana, Apple, Orange \$2.00
- Seasonal Fruit Salad \$5.00
- Vanilla Yoghurt \$4.00
- Vanilla Yoghurt W/Fresh Mixed Berries & Berry Sauce \$5.50
- Fruit Kebab W/Drizzled Chocolate Sauce \$3.50
- Jelly Cup \$2.50
- Cookie \$2.20
- Muffin - Blueberry or Chocolate \$3.70
- Banana Bread \$3.70
- Chocolate Brownie \$4.50
- Raisin Bread (with or without butter) \$2.50
- Croissant with Cheese & Ham \$4.50
- Air Popped Popcorn \$2.50

Salads

- Small \$5.80 Large \$7.00
- Chicken Salad - Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Light salad Dressing
- Egg Salad - Boiled Egg, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo
- Tuna Salad - Tuna, Lettuce, Cherry Tomatoes, Cucumber, Carrot, Red Onion, Tasty Cheese with Herb Mayo

CATERING AVAILABLE - SCHOOL FUNCTIONS

Sandwiches, Wraps, Rolls, Cakes & Fruit Platters for any School Function: Email or Phone to Order

p: 1300 361 769
e: orders@balancedlivingcatering.com.au
w: balancedlivingcatering.com.au

Sandwiches - Build Your Own

STEP 1 - Choose Your Bread

- Bread - White, Wholemeal, Multigrain
- Toasted \$0.50
- Roll or Wrap \$0.80
- Focaccia or Gluten Free \$1.35

STEP 1 - Choose Your Filling & Dressing

- 1 Filling \$4.00
- 2 Fillings \$4.50
- 3 Fillings \$4.90
- 4 Fillings \$5.70

Protein Fillings - Ham, Fresh Poached Chicken Mix, Egg, Tuna, Tandoori Chicken, Sweet Chilli Chicken Strip

Salad Fillings - Lettuce, Tomato, Cucumber, Carrot, Cheese, Advocado

Dressings (complimentary) - Mayonnaise, Mustard, Pickles, Cranberry Sauce, Honey, Vegemite, Sweet Chilli Sauce

Meal Deal 1

- Sandwich- White, Wholemeal, Multigrain 2 Fillings \$7.50
- Cookie or Whole Fruit
- Juice or Water

Meal Deal 2

- 2 x Party Pies or 2 Mini Sausage Rolls \$7.50
- Popcorn, Whole Fruit, or Cookie
- Juice or Water

Drinks

- Juice Box - Apple, Orange, Tropical \$3.20
- Flavoured Milk Box - Strawberry, Chocolate \$3.50
- Bottled Water \$3.30

Daily Specials

Monday Spaghetti Bolognese \$6.00
(with Peas Carrots & Corn)

Tuesday Fried Rice or Vegetarian Fried Rice \$6.00

Wednesday Sushi \$2.80

- Teriyaki Chicken, Carrot & Cucumber
- Tuna & Mayo Mix with Spring Onion & Avocado
- Vegetarian - Cucumber, Carrot, Avocado, Mayo

Thursday Ham, Egg & Cheese Quiche \$5.00

Friday Homemade Pizza \$5.00

Hawaiian: Napolitano Sauce, Shredded Ham, Pineapple, Mozzarella

Margarita: Napolitano Sauce, Mozzarella, Italian Herbs

BBQ Chicken: Napolitano Sauce, Shredded Ham, Pineapple, Chicken with BBQ Sauce, Mozzarella

Vegetarian: Napolitano Sauce, Mushroom, Capsicum, Pineapple, Corn, Mozzarella

SCHOOL FUNDRAISER

Order a Monday Special & \$1 from each Meal will be DONATED BACK TO YOUR SCHOOL!

